

## Sewing: Dressmaking Level 2c

This is a level 2C course, suitable for those who have attend previous courses or who have dressmaking and sewing experience.

This comprehensive dressmaking course offers hands-on learning in a professional studio environment, focusing on pattern usage, fitting alterations, and personal design development through one-on-one tutor guidance and group discussions. The course emphasises practical skills and creative exploration, fostering both technical competency and individual expression in garment making.

Participants will create a personalised course file, including sketches, tutor handouts, and notes and produce items, while adhering to health and safety protocols outlined in the MAE ground rules.

PLEASE DO NOT PURCHASE PATTERN OR FABRIC UNTIL AFTER YOUR FIRST LESSON.

YOUR TUTOR WILL SPEAK TO YOU ABOUT WHAT YOU NEED

Start Date: 05 March 2026  
Start Time: 09:30  
Lessons: 10  
Weeks: 10  
Hours: 30.00

If you looking to turn your passion into a career? Do you want to learn or develop new skills? Book onto one of our courses from the Employability and transferable skills offer.

### Venue

Rochester Adult Education Centre  
Rochester Community Hub  
Eastgate  
ME1 1EW

### What Will I Learn On This Course?

Learners will:

1. Demonstrate the working of at least one paper pattern for a new project.
2. Identify suitable notions to fit the purpose for at least one project
3. complete the fitting of at least one garment

Whether you would like to learn new creative skills or to investigate the possibility of a new dressmaking -based career, MAE Community Learning courses can provide you with a stepping stone to progress

### Is This Course Suitable For Me?

Suitable for those who have attend previous courses or who have dressmaking and sewing experience.

This is a Level 2C sewing course, upon completion, learners cannot redo this course at the same level or book onto lower-level courses (1A – 2B). Learners can book onto any other Creative & Culture course from 1A upwards.

### Is There Anything Else I Need To Know About This Course?

Please be aware that whilst this course is practical in nature some sessions will include theory and professional related training such as H&S, risk assessments, public liability etc

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

You will need to bring on the first lesson:

- Sharp dressmakers' scissors
- Pins
- Tape measure
- Threads x 2
- Sellotape
- Notebook and pen
- A bobbin or 2 (available to purchase from the centre)
- Marking chalk (purchased after discussion with the tutor)

A sketchbook will be provided

Commercial pattern and fabric (all learners will purchase these items after discussion with the tutor).

Please do not purchase pattern or fabric until after the first lesson. Your tutor will speak to you in class about what you need

### Will There Be Additional Costs?

Commercial pattern and fabric (all learners will purchase these items after discussion with the tutor). Please do not purchase pattern or fabric until after the first lesson. Your tutor will speak to you in class about what you need

The additional fabric called interfacing when needed will be ordered and purchased from the tutor. Small amounts of calico for samples will need to be purchased from the tutor

### **What Could I Go On To Do After This Course?**

Suitable for those who have attend previous courses or who have dressmaking and sewing experience. This is a Level 2C sewing course, upon completion, learners cannot redo this course at the same level or book onto lower-level courses (1A – 2B). Learners can book onto any other Creative & Culture course from 1A upwards.

Your tutor can talk to you about another subject related course available.

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

### **What Is The Attendance Policy?**

Multiple sessions-

To get the most out of your course you will need to attend as many sessions as possible. We recommend at least 90%. If you do have a holiday booked during term time, please let the tutor know in advance so that we can help you catch up on missed sessions and ensure that you still achieve the course outcomes. If you are unavoidably ill or unable to attend, please contact 01634 338400 so that we can let your tutor know, and so they can send you any work you may have missed

### **Health & Safety**

Health and Safety Disclaimer

By participating in the live class, you accept that you understand that dressmaking involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is a dressmaking activity and you will need to be suitably dressed, you will need protect your work surface and be mindful of the correct Health & Safety processes when working with dressmaking tools. MAE is not responsible for damage to items in your house / home or person.

The creators, owners and distributors of this site and the material available MAE are not responsible for any injuries you may experience because of your use of this site and the material contained here on. By remaining on this site and/or accessing and / or using any material, you are accepting that you have read, understood and agreed to follow these basic instructions.